

Association of Philippine Orthodontists (APO)

**15TH BIENNIAL NATIONAL ORTHODONTIC CONGRESS**

March 10–11, 2026

New World Makati Hotel, Philippines

**SUBMISSION GUIDELINES FOR POSTERBOARD PRESENTATION**

The Association of Philippine Orthodontists invite authors to submit abstracts for selection and inclusion in the Scientific Program of the 15th Biennial National Orthodontic Congress.

 Prizes at Stake

- Best Professional Scientific Poster – ₱13,000
- Best Professional Clinical Poster – ₱13,000
- Best Student Scientific Poster – ₱8,000
- Best Student Clinical Poster – ₱8,000

**GENERAL INFORMATION**

1. Only registered participants of the 15th Biennial National Orthodontic Congress may join the Poster Presentation.
2. An abstract must be submitted by the presenting author for screening. If there are multiple authors, one must be designated as the presenting author.
3. Each participant may submit a maximum of two (2) abstracts.
4. Both Scientific Posters (basic/clinical research, systematic reviews, meta-analyses) and Clinical Posters (case reports, case series, new appliances, clinical techniques without testing) are accepted.
5. The poster must not have been previously presented in another congress or scientific meeting.
6. A maximum of five (5) authors per abstract is allowed.
7. All authors must declare any financial interest.
8. The official APO Poster Abstract Submission Form must be used.

 For studies involving human subjects, it is the responsibility of the authors to obtain informed consent prior to submission.

## **SPECIFICATIONS FOR POSTER PRESENTATION**

1. Poster dimensions: 80 cm (width) × 180 cm (height). Material to be used is sintra board.
2. Poster stands will be provided by the Committee.
3. Posters must have holes at each corner for attachment to stands.
4. The official APO PowerPoint template must be used. (To be provided with the invitation.)
5. As the template is half the actual size, posters must be printed at 200% scaling.
6. Submit a PDF file of the poster to Dr. Irene Yu on or before March 9, 6:00 PM for distribution to the judges.
7. A ₱2,000 rebate will be given to each poster presenter on the day of the Congress.
8. Printed posters must be submitted to Ms. Nadja Trinchera on March 9, 2026 (Monday) between 1-5 PM at New World Makati Hotel. For inquiries, contact her at (0928) 505 3736.

## **GUIDELINES FOR FORMATTING**

For the template, please take note of the following:

- Do Not Alter or Remove:
  - APO footer and logo
  - Title & author font type, color, size
  - Body text must remain black for readability
- Allowed Modifications:
  - Spacing, margins, section length
  - Body font (use sans serif: Arial, Helvetica, Roboto, Tahoma, etc.)
  - Font size (must be readable from 24 inches away)
  - Section headings (esp. for case reports: Introduction, Case Presentation, Discussion, Conclusion)
- Optional Elements:
  - Primary author's photo
  - Acknowledgements
  - QR code (linking to e-version of poster)
  - Email of corresponding author

## TIPS FOR PRESENTERS

- Use high-resolution photographs (insert, do not paste).
- Be consistent with margins, spacing, and border styles.
- Test readability at a distance.
- Consult your print shop for preferred file type (PDF, PNG, JPEG, etc.).
- Ensure final output conforms to 80 cm × 180 cm size.

### Categories

- Professional: Scientific Research | Clinical Cases
- Student: Scientific Research | Clinical Cases

 Deadline for Abstract Submission: January 31, 2026

 Submit by email to: [secretariat@apo.com.ph](mailto:secretariat@apo.com.ph)

(Subject: To Chair of Posterboard Committee Dr. Irene Yu)

✨ Don't miss this chance to showcase your work, share your insights, and gain recognition at the biggest orthodontic gathering in the Philippines!